

BHAKTA KAVI NARSINH MEHTA UNIVERSITY



FACULTY OF ARTS

Bachelor of Arts

(Psychology)

(Semester 1)

(CHOICE BASED CREDIT SYSTEM)

Effective From June-2018

Website : www.bknmu.edu.in

Conceptual Framework of the Syllabus

Sr. No	Level UG or PG	Semester	Course Group Core Elective -1 Elective -2	Course (Paper) Title	Paper No.	Credit	Internal Marks	External Marks	Practical/ Viva/ Marks	Total Marks	Course (Paper) Unique Code
01	UG	01	Core	"Basic Psychological Concepts"	01	03	30	70	--	100	
02	UG	01	core	"Childhood and child psychology"	02	03	30	70	--	100	
03	UG	01	Elective -1/2	"Effective Behaviour"	01	03	30	70	--	100	
04	UG	01	Elective -1/2	"Applied Psychology"	01 (optional)	03	30	70	--	100	
05	UG	01	Elective -1/2	"Adolescent Psychology"	02	03	30	70	--	100	
06	UG	01	Elective -1/2	"Psychology of Communication"	02 (optional)	03	30	70	--	100	

PAPER STYLE:

Semester End Exam: 70 Marks

Que. 1 Long Question from the Unit - 1 (1 out of 2)	14 Marks
Que. 2 Long Question from the Unit - 2 (1 out of 2)	14 Marks
Que. 3 Long Question from the Unit - 3 (1 out of 2)	14 Marks
Que. 4 Long Question from the Unit - 4 (1 out of 2)	14 Marks
Que. 5 Short Notes: (Any 2 out of 4)	14 Marks

Faculty of Arts
Syllabus
Subject psychology
Course Name: B.A.Sem-I Core subject: Psychology
Paper Number- 01
Paper Name- "Basic Psychological Concepts"

Name of Course	Semester	Core	Paper Code	Paper Name	Credit	Internal Marks	External Marks	Total exam Marks	Exam time Duration
B.A	01	Core	CCT-01	"Basic Psychological Concepts"	03	30	70	100	2:30 hrs.

Course Objectives:-

This course should help students:

1. Appreciate Basic assumptions Principles and roots of modern scientific Psychology.
2. Understand main Perspectives in Psychology.
3. Learn to use basic concept of psychology and related information.

Unit-01. Basic Information of Psychology:

Introduction, definition, Nature, Scope, Goals, Branches and applications of psychology.

Unit-02. Attention:

Meaning, Characteristics, Types, determinants.

Unit-03. Motivation:

Definition, Nature, Types and Theory of Motivation.

Unit-04. Intelligence:

Definition, Nature, Theory, Measurement of intelligence.

Reference Books:

1. Smith, Atkinson, Hilgard, "Introduction to Psychology"
2. Feldman, "Essentials of Understanding Psychology"
3. "सामान्य मनोविज्ञान" डी.सी.पी.भट्ट
4. "General Psychology" J.P.Gilford
5. "Psychology" Norman L.Munn.
6. "An Introduction to psychology" B.Kuppuswami.
7. "सामान्य मनोविज्ञान" डी.आर.डी.गुजराती.
8. Philip, Gimbaro, weber. Psychology.
9. Wood & wood, The word of psychology.
10. Clifford T. Morgan, A Brief Introduction To Psychology, Tata McGraw Hill (1978), Publishing Co. Ltd, New Delhi.
11. Ciccarelli, Sandra K. and Myer, Glenn E. (2008), Psychology South Asian Edition Pearson Longman, An imprint of Pearson Education. First Impression.

The Scheme of Question Paper:-

1. The Paper will consist of four units.
2. Every unit should be given equal weight age in the examination.

Faculty of Arts
Syllabus
Subject psychology
Course Name: B.A. Sem-I Core subject: Psychology
Paper Number- 02
Paper Name- “Childhood and child Psychology”.

Name of Course	Semester	Core	Paper Code	Paper Name	Credit	Internal Marks	External Marks	Total exam Marks	Exam time Duration
B.A	01	Core	CCT-02	“Childhood and child psychology”	03	30	70	100	2:30 hrs.

Objectives:

1. To understand the Basic of Child psychology.
2. To know about Childhood and it’s behavior pattern.
3. Inform about various field of development of child.
- 4,To understand the key developmental issues in human life.
- 5,To learn about the notion of self and its various facets.
- 6,To identify the various personality traits which are central to human functioning.
- 7,To understand the dynamics of human behaviour and its functioning.
- 8,To examine the historical and philosophical roots of developmental psychology.
- 9,To explore the methodological issues in research on human development.
- 10,To deconstruct‘ developmental psychology as a discipline of study.
- 11, To examine the relationship between culture and human development.

Unit-1. Introduction:

Definition, Nature, Scope and uses of Child Psychology.

Unite-2. Theory of child psychology.

Froud, Aerixan, social learning theory, Piaget Theory,

Unite-3. Personality Development Of Child.

Definition of personality, Effecting factor, Resistant factor.

Unit-4. Disorders of child.

Definition, Types, Characteristics, Diagnosis of child

With Special reference to-mental Retardation, Autism, ADHD.

Reference Books-

1. Lister- Child Psychology.
2. Laura & Berk – Child Development.
3. Sue and sue – Understanding Abnormal Behavior.
4. DSM of mental disorders APA – Washington
5. Carson, Butcher, Mineka- Abnormal Psychology and modern life.
6. Burman, E. (2008). *Deconstructing developmental psychology*. London: Routledge.
7. Crain, W. (2011). *Theories of development* (6th ed.). New York: Routledge.
8. Damon, W., & Lerner, R. M. (Eds.) (2006). *Theoretical models of human development* (6th ed.). Vol. 1. New York: Wiley Pub.
9. Jensen, L. A. (2015). *The Oxford handbook of human development and culture: An interdisciplinary perspective*. New York: Oxford University Press.
10. Kakar, S. (2008). *The inner world: A psychoanalytic study of childhood and society in India*. New Delhi: Oxford University Press.
11. Kapur, M., & Mukundan, H. (2003). *Childcare in ancient India from the perspectives of developmental psychology and pediatrics*. Delhi: Sri Satguru Publications.
12. Lerner, R. (2013). *Concepts and theories of human development*. New Jersey: Psychology Press.
13. Misra, G., & Babu, N. (2013). Emerging perspectives on human development research. *Psychological Studies*, **58**(4), 349-352. Rogoff, B. (2005). *The cultural nature of human development*. New York: Oxford University Press.
14. Saraswathi, T. S. (Ed.) (1999). *Culture, socialization and human development: Theory, research and applications in India*. New Delhi: Sage.
15. Sharma, N., & Chaudhary, N. (2009). Human development: Contexts and processes. In G. Misra, (Ed.), *Psychology in India: Basic psychological processes and human development* (Vol. 1, pp. 69-110). Delhi, India: Pearson.
16. Valsiner, J. (2005). *Culture and human development*. New Delhi, India: Sage.
17. Valsiner, J., & Lawrence, J. A. (1997). Human development in culture across life span. In J. W. Beri, P.
18. R. Dasen, & T. S. Saraswathi (Eds.), *Basic processes and human development* (Vol. 2, pp. 69-106). MA, USA: Allyn & Bacon.
19. Verma, S. (1999/2007). Socialization for survival: Developmental issues among working street children in India. *New Directions for Child and Adolescent Development*, **85**, 5-8.

The Scheme of Question Paper:-

1. The Paper will consist of four units.
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Faculty of Arts
Syllabus
Subject psychology
Course Name: B.A. Sem-I Elective-01&02 subject: Psychology
Paper Number- 01
Paper Name- “Effective Behavior”

Name of Course	Semester	Core	Paper Code	Paper Name	Credit	Internal Marks	External Marks	Total exam Marks	Exam time Duration
B.A	01	ECT-01/02	ECT-01	“Effective Behaviour”	03	30	70	100	2:30 hrs.

Objectives:

1. To help students to acquire Knowledge about effective behavior.
2. To sequent various field of effectiveness.
3. To provide knowledge of improve in effectiveness.

Unit-01: stress, Conflict and Frustration.

Definition and types of stress, Conflict and Frustration.

Unit-02: Adjustment in Marriage life.

Effecting factor of selection in life partner, Marital adjustment across the family life cycle, Divorce.

Unit-03: Emotional capacity:

Definition and types of emotion, Understanding and functioning of emotion, Expression and Control of emotion.

Unit-04: Effective Social Relationship:

Characteristics of good interpersonal relationship, Helping behavior.

Reference Books:

1. Coleman- Psychology and effective behavior.
2. John- Lifespan Psychology.
3. East wood – Psychology of Adjustment.
4. प्रगत सामान्य मनोविज्ञान –डॉ.बी.अ.परीज

The Scheme of Question Paper:-

1. The Paper will consist of four units.
2. Every unit should be given equal weight age in the examination.

Faculty of Arts
Syllabus
Subject psychology
Course Name: B.A. Sem-I Elective-01&02 subject: Psychology
Paper Number- 01(Optional)
Paper Name- “Applied Psychology”

Name of Course	Semester	Core	Paper Code	Paper Name	Credit	Internal Marks	External Marks	Total exam Marks	Exam time Duration
B.A	01	ECT-01/02	ECT-01 Optional	“Applied Psychology”	03	30	70	100	2:30 hrs.

Objectives:

1. Student Providing How to apply Psychology’s Knowledge in everyday life.
2. Learn to use information sources applied psychology.
3. To help the student understands various fields of psychology.

Unit-01: Introduction.

Definition, Scope, Nature and Uses of applied psychology.

Unit-02: Applied in Education.

Role of schools, Problems in school and achievement in school.

Unit-03: Applied in Occupation and Organization.

Job-Selection, Job-analysis, fatigue and accident, advertisement and Customer behavior.

Unit-04: psychology in home life.

Problem of modern home life, working women problem, child and home.

Reference Books-

1. Anastasi, Fildso- Applied Psychology.
2. Gold stain – Modern applied Psychology.
3. Passer- Psychology: Mind and Behavior.
4. Morse- psychology and teaching.
5. ડો. રતનબેન સોલંકી : વ્યવહારિક મનો વિજ્ઞાન
6. Donaldson, S. I., & Berger, D. E. (2006). The rise and promise of applied psychology in the 21st Century. In S. I. Donaldson, D. E. Berger, & K. Pezdek (Eds.), *Applied psychology: New frontiers and rewarding careers*. Mahwah, NJ: Erlbaum. Heiman, B. (1964). *Facets on Indian thought*. London: George Allen and Unwin. Cornelissen, R. M. M., Misra, G., & Varma, S. (Eds.) (2014). *Foundations and applications of Indian psychology*. New Delhi, India: Pearson Education. Misra, G., & Mohanty, A. K. (2002). *Perspectives on indigenous psychology*. New Delhi, India: Concept

The Scheme of Question Paper:-

1. The Paper will consist of four units.
2. Every unit should be given equal weight age in the examination

Faculty of Arts
Syllabus
Subject psychology
Course Name: B.A. Sem-I Elective-01&02 Subject: Psychology
Paper Number- 02
Paper Name- “Adolescent Psychology”

Name of Course	Semester	Core	Paper Code	Paper Name	Credit	Internal Marks	External Marks	Total exam Marks	Exam time Duration
B.A	01	ECT-01/02	ECT-02	“Adolescent Psychology”	03	30	70	100	2:30 hrs.

Objectives:

1. Student Providing Knowledge of normality in everyday life.
2. Learn to use adolescent psychology.
3. Student understand various adolescent condition.
4. To improve skills of deferent condition.

Unit-01: Introduction.

Definition, scope, Nature and goals of adolescent Psychology.

Unit-02: Physical development of adolescent.

Primary and secondary Characteristics of Sex, Physical Change in adolescent, Mental effect of Physical change.

Unit-03: Emotional development of adolescent.

Definition, Nature of Emotional development, Control of emotion and Maturity.

Unit-04: Problems of adolescent.

Drugs, Crime, Runaway and Suicide.

Reference Books:

1. Steinberg- Adolescent Psychology.
2. Sentrock- Adolescent Psychology
3. Crow- Emotional Change.
4. Hurlock- Adolescent Psychology.

The Scheme of Question Paper:-

1. The Paper will consist of four units.
2. Every unit should be given equal weight age in the examination.

Faculty of Arts
Syllabus
Subject psychology
Course Name: B.A. Sem-I Elective-01&02 Subject: Psychology
Paper Number- 02(Optional)
Paper Name- “Psychology of Communication”

Name of Course	Semester	Core	Paper Code	Paper Name	Credit	Internal Marks	External Marks	Total exam Marks	Exam time Duration
B.A	01	ECT-01/02	ECT-02 Optional	Psychology of Communication	03	30	70	100	2:30 hrs.

Objectives:

1. Understanding How to improve communication Skill.
2. Knowledge about Communication process.
3. How To Understanding communication skills with other.

Unit-01: Introduction.

Definition, Nature, goal and model of communication.

Unit-02: Types of communication.

Definition, Nature and effecting factors of warble and non-warble communication.

Unit-03: speech and Lesion.

Effective and barrier of speech and lessoning.

Unit-04: effectiveness of communication.

Skill of relation, skill of interview, Group interaction and leadership style.

Reference Books.

1. Devito- Essentials of human Communication.
2. Froemling, Skinner- Communication : The hand book.
3. Person and Nelson- An introduction to human communication: Understanding and searing.
4. Adler- Understanding Human Communication.
5. Argyle, M. (1975). *Bodily communication*. London: Methuen & Co. Ltd.
6. Civinkly, J. M. (Ed.) (1974). *Messages: A reader in human connection*. New York: Random House.
7. Danziger, K. (1976). *Interpersonal communication*. New York: Pergamon Press.
8. Gudykunst, W. B. (Ed.) (2003). *Cross-cultural and intercultural communication*. Thousand Oaks, CA: Sage Publications.
9. Prasad, L. M. (2012). *Organizational behaviour*. New Delhi: Sultan Chand & Sons.
10. Rosenberg, M. B. (2012). *Living nonviolent communication: Practical tools to connect and communicate skillfully in every situation*. Boulder, CO: Sounds True.

The Scheme of Question Paper:-

1. The Paper will consist of four units.
2. Every unit should be given equal weight age in the examination.